

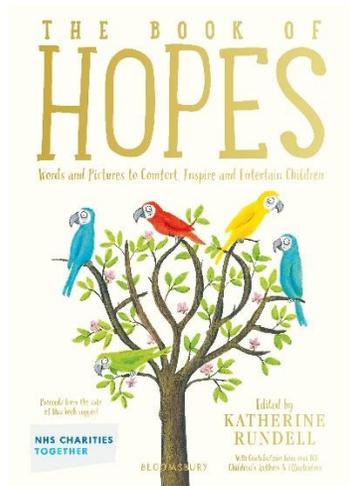
Listen to our video all about The Book of Hopes <https://youtu.be/GTtrw-K1-IE>

# What is Hope?

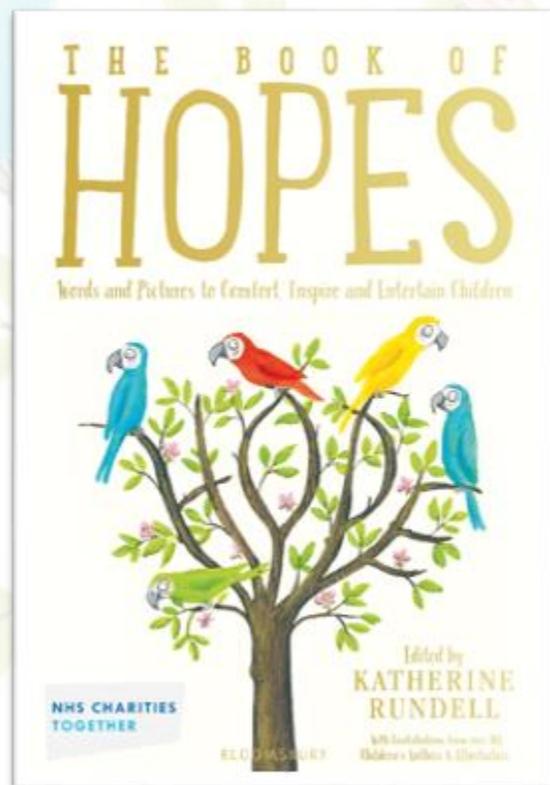
- A sense or a feeling that things could change or get better
- A sense that, although things may not turn out how we want them to, we will find a way to cope



# There's a Hero Inside All of Us



# The Book of Hopes



To read more amazing stories, exciting extracts or to see some fantastic illustrations from *The Book of Hopes*, click [here](#).

# We need you!

We would love to fill our very own 'Redwell Book of Hopes'  
We are looking for words and pictures which can comfort,  
inspire and entertain our Redwell community.

Draw us a picture, write a poem, a short story, a cartoon, a wordle, a letter –  
anything that inspires you and helps spread the message of hope.



Please send to your class email, or, if you are in school, bring in to your temporary bubbles.