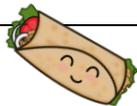


R is for Recognition

We all want to say thank you to everyone in our Redwell families for your hard work and effort this term. We know it has been a topsy-turvy kind of term, with half of it home-schooling and half back in school. The children have been amazingly resilient and have continued to learn under circumstances never experienced before! Juggling family-life and your own well-being may have been really tested, too. With that in mind, we would like to wish all our families a happy and restful Easter.

Really yummy recipes!



Want a break from chocolate this Easter, but bored of the same, old recipes? Why not check out Cooking Good? www.cookinggood.co.uk is a Northamptonshire-based project that looks at budget, healthy eating for families. You'll find a ton of recipes for every meal of the day, including snacks. They're also on Facebook and have a YouTube channel with step-by-step videos.



Here's their recipe for **PIZZA TOAST...** Preheat oven to 200°C (Gas mark 6 or 180°C for fan oven). Brush slices of baguette with olive oil. Place on a baking tray. Bake in the oven for 3 mins. When bread is cooked, spread 1-2 teaspoons of tomato puree on top of each slice. Add sliced tomatoes and other toppings. Finish with cheese. Cook for 5 more mins, until cheese is melted. *Tip: get the children involved in choosing toppings. Make ahead for picnics and bike rides.*

Easter activities

Although there are hopeful signs for lockdown easing, it's likely the government advice will remain 'stay local.' That means sticking to your town, village or part of a city. But when you're in from outdoors, don't be bored. Here are some fun activities you might not have tried yet!

Organisation	Options	Find it here
This Girl Can	Disney dance-along, hula-hooping and working out with a pet are just a few activities on offer.	https://www.thisgirlcan.co.uk/
Northants Sport	Get going with sport-specific challenges!	YouTube (Northants Sport)
Andy's Wild Workouts	Travel the world with Andy and move like the animals he meets!	BBC iPlayer
Get Kids Moving	Train like your favourite super-hero. From Frozen to Spiderman.	YouTube (Get Kids Moving)



NEED ADVICE? Give **One Wellingborough** a shout. Find them on Facebook, call 01933 677326 or email info@glamishall.org.uk

Useful websites

<https://www.thinkforthefuture.co.uk/covid-19-response> **FREE** 'Wow' packs available for download. Topics include mental well-being, managing emotions, concentration, motivation and routine. Each pack has info, YouTube links and expert advice.

You can call the Pastoral Team on 01933 676040 or email pastoral@redwellprimary.co.uk